

30% Salicylic Peel Info & Waiver



Benefits of a Peel:

- Improves skin tone, texture, and overall appearance
- Minimizes fine lines, lip creases, dark spots and scars
- Brightens dull, blotchy, uneven complexion
- Dissolves blackheads, kills bacteria and controls acne
- Stimulates collagen and elastin production for firmer skin
- Fades discoloration due to sun damage, hormones and scarring

Contraindications:

- Currently taking Accutane or have done so within the past twelve months
- Pregnant or nursing
- Tendency to form keloid scars
- Current flare-up of oral/facial herpes or cold sores
- Undergoing cancer treatments, including chemotherapy and/or radiation
- Unrealistic expectations
- Open wounds, sunburn, rash or recent surgery

Pre-peel Preparation:

For those new to chemical exfoliation, this is an important step in getting your skin ready for a peel application. If you have a history of chemical peels or perform daily exfoliation (AHA or BHA), you may skip this step.

One week prior to the peel, you will want to treat your skin with an AHA or BHA daily exfoliator or cream. This will not only prepare the skin and produce enhanced results but may alert you to the possibility of complications or a negative skin reaction. Stop using Retin A, AHA, BHA or similar chemical exfoliators 2 days prior to peel.

Post Peel Care:

- Moisturize the skin as needed and use a minimum of 30 SPF during the day
- If skin becomes raw or oozing, apply barrier ointment (Neosporin, Aquaphor, etc.)
- Use Hyaluronic acid serum (highly recommended) under moisturizer
- Do not pick at or pull the shedding skin if it is still firmly attached
- Do not scratch at your skin during the shedding process

- Do not indoor tan while receiving a series of peels

It is important to remember that a chemical peel is the willful application of an ACID to produce a controlled injury to the skin. If you are at all unsure of any aspect of this procedure, how it works, the pre-care/aftercare, or are unwilling to perform proper pre-care/aftercare, DO NOT proceed.

I have read the information provided above and understand I must follow the recommendations to receive the best benefit from the peel.

Signature

Date